



HOW TO BEGIN

CALL BETWEEN 9 A.M. AND 3 P.M. MONDAY-THURSDAY, FOR A BRIEF TELEPHONE SCREENING, WHICH WILL DETERMINE IF THE CENTER CAN BE A RESOURCE FOR AN INTAKE INTERVIEW OR FOR CLASSES.

PERSONAL INFORMATION IS GATHERED DURING INTAKE TO MATCH A CLIENT WITH A COUNSELOR. ONCE A MATCH IS MADE, THE CLIENT AND COUNSELOR SET APPOINTMENTS, USUALLY ON A WEEKLY BASIS.



WHAT WE OFFER

- LONG-TERM COUNSELING WITH SLIDING SCALE FEES
- ANGER MANAGEMENT CLASSES FOR PARENTS
- PARENT EDUCATION CLASSES
- INFORMATION AND REFERRAL RESOURCES



WHO WE ARE

CCC IS A MENTAL HEALTH CENTER COMMITTED TO PROVIDING COUNSELING TO ADULTS WHO HAVE NO OTHER MEANS OF GETTING SUPPORT. WE MATCH CLIENTS WITH PROFESSIONAL COUNSELORS WHO OFFER SUPPORT THROUGH VOLUNTEERING THEIR TIME AND EXPERTISE.